



- A RESOURCE FOR ONGOING FORMATION -

Part 3: Prayer

Appendices (a) Prayer as a Relationship with God

Our confidence is in Christ, and Christ alone, not in our own righteousness or achievements, but in him who ever makes intercession for us. We come into the presence of God the Father through the intercession of the Son, and in the power of the Holy Spirit. In humility, but not in a sense of timidity because his rights have become our rights; his Son-ship *from* all eternity is ours by adoption as sons *for* all eternity. Since nothing can separate us from the love of Christ, nothing can prevent our access to him in prayer. This is the privilege of the Christian. Let us, then, pray with boldness and unceasingly. Let our motto be: 'Bold I approach the eternal throne!'



Lord,
help me to 'pray without ceasing' that I might never leave your presence, and be at one with you through your Son, whose relationship with you is eternal, and who is always at prayer.

HUMAN FRIENSHIP

Acquaintance

Friendliness

Friendship

Marriage

OUR PRAYER-LIFE

Acknowledge God in formal prayer

Thinking about what we're saying; regular prayer

Extemporaneous, daily prayer

Frequent, contemplative prayer

LECTIO DIVINA

Reading Scripture

Meditation

Prayer of the heart

Contemplation



Scripture—

Heb 10. 12, 19, 21-24, 36-39

But when Christ had offered for all time a single sacrifice for sins, 'he sat down at the right hand of God', ...Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus,...and since we have a great priest over the house of God, let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. And let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching...For you need endurance, so that when you have done the will of God, you may received what was promised. For yet 'in a very little while, the one who is coming will come and will not delay; but my righteous one will live by faith. My soul takes no pleasure in anyone who shrinks back.' But we are not among those who shrink back and so are lost, but among those who have faith and so are saved.