



The London Region presents a Retreat Day on Saturday 28th October 2023

The Retreat will be facilitated by **Sr Francisca**, Mother Abbess of Arkley Poor Clares (also known as **Dr Patricia Rumsey**)

On this day there will also be **3 Professions** during the 12 noon Mass

The day will take place at the **Poor Clare Monastery, 102 Galley Lane, Arkley, Barnet, Herts EN5 4AN**

It will start with refreshments at **9.30am** followed by Sr Francisca's presentation on **St Clare**.

There will be Mass at **12noon** in the chapel which will include **3 Professions**

The sisters will provide lunch around **1pm**.

Sr Francisca will resume at approx. **2pm** with a presentation on '**The Holy Places**'

There will be refreshments again around **3.30pm** with the day finishing at 4pm

One of the sisters has offered to pick people up at High Barnet Station and perhaps a couple of people travelling by car could do the same. We should co-ordinate that to reduce the number of trips.

The London Region invites all Franciscans, Fraternities and Regions who would like to join us. We'd love to see you and you will all be very welcome. Please tell us in advance that you are coming so that we can confirm numbers with the sisters.

Whilst this event is free of charge, we will have a collection to give as a donation. Please be as generous as you can to cover the costs which the sisters will incur.

If you have anyone else who would like to be Professed on that day, please let us know.

For further information email or ring Veronica on:

veraicon@btinternet.com or 07941055270

