



Studying the Rule of the OFS



Chapter 2 The Form of Life

8. Just as Jesus was the true worshipper of the Father, let prayer and contemplation be the soul of their being and of all they do. *14

Let them participate in the sacramental life of the Church, above all in the Eucharist. Following one of the forms of liturgical prayer offered by the Church let this be a way of reliving the mysteries of Christ's life.

Footnotes:

*14 Apostolicam Actuositatem 4

Cf. General Constitutions:

Art 12.3; 14.2-5; 53.2

ENDNOTES:



Q. Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem...the hour is coming and is now here, when the true worshippers will worship the Father in spirit and in truth...’ [John 4.21, 23] What does Jesus mean?

Q. What is it to relive the mysteries of Christ through liturgical prayer?